

other elements < 0.1 each, < 0.3 total;

Al, remainder;

to a thickness of 1 to 5 mm between cylinders comprising a tubular shell shrink-fitted to a cylinder body including cooling means for cooling the shell and optionally cold rolling the cast alloy,

wherein force, expressed in tons per meter of width, is applied to the rolls during said casting which is less than $300 + 2000/e$, where e is strip thickness expressed in mm, and

heat exchange between the alloy being cast and the shells is reduced such that shell temperature is greater than 80°C ,

said strip having in an as-cast state, a product $R_{0.2} \times A$ greater than 2500, where $R_{0.2}$ is expressed in MPa and A is expressed in %.

21. (New) The method of claim 20, wherein shell temperature is greater than 130°C .

22. (New) The method of claim 20, wherein the shell is made of a material with poor thermal conductivity.

23. (New) The method of claim 20, wherein the alloy being cast has an arc of contact with the cylinders of less than 60 mm.

24. (New) The method of claim 23, wherein the alloy being cast has an arc of contact with the cylinders of less than 56 mm.

25. (New) The method of claim 20, wherein said product $R_{0.2} \times A$ is greater than 3000.

26. (New) The method of claim 20, wherein $R_{0.2}$ is greater than 80 MPa.

27. (New) The method of claim 26, wherein $R_{0.2}$ is greater than 100 MPa.

28. (New) The method of claim 20, wherein A is greater than 20%.

29. (New) The method of claim 28, wherein A is greater than 30%.

30. (New) The method of claim 20, wherein the strip has an earing ratio of less than 7.

31. (New) The method of claim 30, wherein the strip has an earing ratio of less than 5.

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